My SELF-TEST is positive
– What do I have to do now?

Dear Citizen,

You have carried out what is known as a self-test (without being supervised by trained individuals) for the SARS-CoV-2 coronavirus and your test result was positive.

The following explains what you have to consider in the event of a positive test result.

1. Have your test result confirmed.

   - Sometimes self-tests also show false positive results. If you have a positive result from a self-test, according to the Corona Quarantine Ordinance, you are therefore **obliged to have your result confirmed immediately by means of a more reliable PCR test**. If you fail to comply with this obligation to undergo a follow-up test, you may be punished by a fine.
   
   - According to the currently valid federal test regulations, you are entitled to have a confirmatory examination. This test is free of charge for you.
   
   - Contact a test center to have your positive self-test result confirmed by a PCR test. You can find the contact details on the website of the Baden-Württemberg Association of Statutory Health Insurance Physicians at [www.kvbawue.de/buerger/notfallpraxen/corona-anlaufstellen/corona-karte](http://www.kvbawue.de/buerger/notfallpraxen/corona-anlaufstellen/corona-karte) or by calling 116 117. You can find a list of participating pharmacies that provide tests on the website of the State Chamber of Pharmacies at [www.lak-bw.de/service/patient/antigen-schnelltests](http://www.lak-bw.de/service/patient/antigen-schnelltests). Local authorities also often list other test centers on their websites.
   
   - Please notify the test center of your positive self-test result in advance.

   - You may interrupt your voluntary quarantine at home to carry out the PCR test. As such, you must observe the relevant protective measures (social distancing, medical mouth and nose protection or FFP2 mask) and avoid using public transport if possible.

2. Go into quarantine.

   - As far as possible, it is recommended that you voluntarily go into quarantine at home until you have the confirmatory PCR test result and largely avoid contact with others.
Your obligation to isolate does not apply until the point in time at which you have a positive PCR test result. With regard to any possible claim for compensation in accordance with § 56 IfSG, please refer to the information at Antworpen auf häufige Fragen zu Entschädigungen nach § 56 Abs. 1 Infektionsschutzgesetz (IfSG) / Verdienstausfall wegen Absonderung.

Wear a mask whenever you are in contact with other people in your household. Ventilate all the rooms in your home regularly. Avoid direct contact with other people in your household.

Find out about the regulations that apply before you enter facilities such as nursing homes, hospitals or schools.

If you develop symptoms, call your family doctor or the medical emergency service (116 117).

3. Inform the members of your household.

As a precautionary measure, let all the members of your household know that you have a positive self-test result and you are having a follow-up PCR test.

Your positive self-test does not mean the members of your household are under any obligation to quarantine.

The members of your household are only obliged to isolate from the point in time at which you have a positive PCR test result or a positive result of a rapid antigen test (not a self-test).

4. Further information

You can find answers to further questions to do with testing and a positive PCR test for the SARS-CoV-2 coronavirus at: https://sozialministerium.baden-wuerttemberg.de/de/gesundheit-pflege/gesundheitsschutz/infektionsschutz-hygiene/informationen-zu-coronavirus/testen/