My RAPID TEST is positive
– What do I have to do now?

Dear Citizen,

You have taken a rapid antigen test for the SARS-CoV-2 coronavirus and your test result was positive. These include antigen tests that have been carried out by trained third parties or supervised by suitable individuals. They do not include self-tests you carried out yourself or were not supervised by third parties.

The following explains what you have to consider in the event of a positive test result.

1. Go into isolation quarantine (isolation).
   
   • If you have received a positive rapid antigen test result, go home immediately and without any detours. This also applies to vaccinated and recovered individuals.
   
   • Only leave your apartment or house in medical or other emergencies. If you have a garden or balcony, you can spend time there by yourself.
   
   • Avoid any direct contact with other people in your household. If possible, stay in your own room – even for meals. Wear a mask if you have contact with other people in your household. Ventilate all the rooms in your home regularly. You and members of your household (unless they have been vaccinated or have recovered) may not receive visitors. Even vaccinated or recovered household members should if possible not receive any visitors in the same household during this time.
   
   • Your quarantine period normally ends 14 days after the test result or the onset of symptoms.
   
   • Your quarantine ends prematurely if a subsequently conducted PCR test is negative and you can present a negative result. The health department will not send you any separate notification. The negative test result only has to be presented if the authority responsible requests it explicitly. The costs of subsequent PCR testing are covered by the federal test ordinance and therefore free of charge for you.
   
   • If you develop symptoms or they get worse, call your family doctor or the emergency medical service.

2. Inform the members of your household.
   
   • Let all the members of your household know as soon as possible that you have tested positive.
   
   • Members of your household must also go into isolation (quarantine) as soon as they become aware of your positive result, unless they can show they have suffered from Covid-19 within the last six months or are fully vaccinated and have not received a contradictory order from the authority responsible.
   
   • Members of your household who are also obliged to go into isolation may only leave the apartment or house in medical or other emergencies. They may spend time on their own balcony or in the garden.
   
   • Quarantine for members of your household normally ends 10 days after your test result or the onset of your initial symptoms (whichever occurs first), as long as your household members do not develop symptoms themselves and/or test positive.
   
   • In addition, the following options are available for household members to end their quarantine prematurely, provided they do not show any symptoms.
     
     1. From the fifth day of quarantine with a negative PCR test result available when the samples are taken no earlier than on this day,
2. From the fifth day of quarantine with a negative rapid test result available when the samples are taken no earlier than on this day from individuals who are tested regularly as part of a serial test strategy at a school or childcare center or
3. From the seventh day of quarantine with a negative rapid test result available with samples taken no earlier than on this day.
   • You must carry the negative test result (for the premature ending of isolation for household members) with you until the end of the original quarantine period and must only present it to the authority responsible on request.
   • Your positive rapid antigen test result does not initially result in any further obligations to isolate on the part of other individuals except for members of your household. You can inform others you deal with and have contact with of your positive test result. However, those you are in contact with do not have to report to the health department.

3. Have your test result confirmed.
   • Rapid antigen tests also occasionally show false positive results. **You should therefore have your positive result confirmed by means of a more reliable PCR test.**
   • If you have carried out the rapid test yourself at school, at your workplace or when seeking access to a service provider (e.g., a hairdresser) and have been supervised by a suitable individual, you are required to undergo a subsequent PCR test.
   • Contact a test center to have your rapid antigen test result confirmed by a PCR test. The PCR test is in this case free of charge. You can find the contact details on the website of the Baden-Württemberg Association of Statutory Health Insurance Physicians at [https://www.kvbawue.de/buerger/notfallpraxen/corona-anlaufstellen/corona-karte/](https://www.kvbawue.de/buerger/notfallpraxen/corona-anlaufstellen/corona-karte/) or by calling 116117. Local authorities also often list other test centers on their websites.
   • You may interrupt your quarantine at home to carry out the PCR test. As such, you must observe protective measures (social distancing, medical mouth and nose protection or FFP2 mask) and avoid using public transport if possible.
   • If you have also undergone a confirmatory PCR test and the result of this PCR test is negative, your quarantine and that of your household members ends as soon as you receive your test result.

4. Contact by the health department
   • In the future, the health department will no longer routinely contact people who have tested positive, household members and other contacts outside of outbreaks and settings with vulnerable groups. It is not necessary for you to contact the health department yourself either.
   • If you have any questions about your own quarantine or that of members of your household, please use the relevant phone hotlines or information facilities such as the following.
     o Information from the Federal Center for Health Education: [https://www.infektionsschutz.de/corona-virus/fragen-und-antworten/quarantaene-und-isolierung/](https://www.infektionsschutz.de/corona-virus/fragen-und-antworten/quarantaene-und-isolierung/)
   • If you require a certificate of your quarantine, please contact your local police.