Going out restrictions
Staying outside your own home is only allowed for valid reasons, e.g.

At night (8pm to 5am):
• To engage in occupational activities.
• Use of medical and veterinary services.
• Accompanying individuals in need of support and minors, custody and contact rights.
• Accompanying the dying and individuals in acute life-threatening situations.
• Actions to care for animals, e.g. taking for walks or feeding.
• Attending religious services.
• Events to maintain public order.
• Attending meetings in accordance with article 8 of the Basic Law.

During the day (5am to 8pm) in addition:
• Attending schools and daycare centers for emergency care.
• Sport and exercise in the fresh air exclusively on your own, with members of your own household or with one other individual not living in the same household.
• Making purchases.
• Making use of services

Contact restrictions
Maximum of five individuals from up to two households. Children up to and including the age of 14 are not counted.

Christmas
Regulated exceptions from December 24 to 26:
• One household plus another four individuals from your immediate family who go beyond your own household. In private cases of hardship, no more than one of the four individuals may be from outside your immediate family. Children up to and including the age of 14 are not counted.
• When meeting with close friends, the rule of no more than five individuals from up to two households continues to apply. Children up to and including the age of 14 are not counted.
• Attending private events is also possible after 8pm.

New Year’s Eve and New Year
No exceptions for restrictions on contact and going out. Staying overnight with private individuals is possible.
• No sales of fireworks allowed.
• No accumulation and no ignition of fireworks in public spaces.

Education and care
• Schools and daycare centers to close.
• Emergency care facilities to be set up.

Contacts are the schools and daycare centers locally.
• Online teaching for school students in final years.
• Music, art and youth art schools to close to the public, online teaching is possible.
• Driving, flying and boating schools are open under hygienic conditions.
• Adult education centers and similar facilities to close.

Travel
Plea to refrain from private trips and visits to and from your relatives.

Not allowed:
• Tourist bus trips
• Tourist overnight accommodation (including camping sites)

Still possible:
• Business trips
• Travel and overnight stays in special cases of hardship

Work
• Employers are legally obliged to provide health care to their employees.
• Work from home, if possible.
• Company holidays from December 16 to January 10, if possible.
• Meetings in the context of work, services and business operations, if necessary.
• Masks must be worn at the workplace, if the minimum distance of 1.5 meters to your co-workers cannot be maintained (including outdoors).
• Hygiene facilities to be adapted to the company’s operations.
Retail trade
The retail trade will close from December 16 until January 10.

Only stores with products for daily needs will remain open:
- Animal and feed stores
- Bakeries and pastry shops
- Banks
- Butchers
- Drugstores
- Dry cleaners and laundromats
- Food banks
- Gas stations
- Grocery stores
- Health food stores
- Hearing aid acousticians
- Liquor stores
- Magazine and newspaper kiosks
- Medical supply stores
- Motor vehicle and bicycle workshops as well as spare parts sales
- Opticians
- Orthopedic shoe technicians
- Post offices and parcel shippers but without selling other goods
- Sales of Christmas trees outdoors
- Specialty baby stores
- Travel and customer centers for public transport
- Weekly markets
- Wholesalers

Specifics:
- Closed retail stores may provide delivery services. Picking up goods and services is not permitted.
- Hardware stores and sales outlets for building materials and gardening supplies are closed to the public but can set up a pick-up service for commercial customers and farmers.
- Handicraft businesses that do not provide any services in close physical proximity may continue to operate.
- Stores with a mixed range of goods may sell all their merchandise if their products are primarily for daily use. If the range of prohibited goods is predominant, the store must separate them spatially and may only sell its items for daily use.

Regulations for open stores:
- Stores with less than 10sqm sales area: a maximum of one customer.
- Stores with up to 800sqm: one customer per 10sqm of sales area.
- The following applies to any area beyond this: one customer per 20sqm (does not apply to food retailers).
- Masks must be worn in front of stores and in parking lots.
- Controlled access.
- Avoid waiting in lines.

Gastronomy
Restaurants, bars, clubs, pubs of all kinds will remain shut.
- Except for food to be picked up (until 8pm) or for home delivery.
- No serving and consumption of alcoholic beverages in public spaces.

Events
No meetings and events in public spaces.

Exceptions:
- Court hearings.
- Meetings that serve public safety and order.
- Employee meetings.
- Exams and preparing for them.
- Weddings.
- Events that serve social welfare (e.g. child and youth assistance).

Health and social
- Protective measures in hospitals, nursing homes, facilities for seniors and the disabled.
- No isolation of those affected.
- Acceptance of costs of regular SARS-CoV2 rapid tests for patients and visitors.
- Regular, mandatory tests of nursing staff in aged care and nursing homes.
**Services**

**Closed:**
- Brothels
- Cosmetic pedicure salons
- Cosmetic studios
- Dog salons and similar facilities
- Hairdressers
- Massage parlors and spas
- Nail studios
- Piercing studios
- Tanning salons
- Tattoo parlors

Medically necessary services are **open** (even without prescription) in these areas:
- Foot care / podiatry
- Nail care
- Occupational therapy
- Physiotherapy
- Rehab exercise
- Speech therapy

**Religious practice**

Religious worship services and funerals under hygienic conditions.
- Compliance with **AHA rules** for the entire duration.
- No congregational singing.

**Cultural and leisure activities**

Cultural and leisure facilities remain closed.

**Closed:**
- Amusement parks and indoor playgrounds
- Artists’ workshops (open to the public)
- Betting offices
- Boats for excursions
- Camping and caravan sites
- Casinos
- Cinemas and drive-ins
- Circuses
- Climbing parks (inside and outside)
- Concerts and cultural centers
- Discotheques and clubs
- Folk festivals or similar
- Libraries and archives
- Museums and exhibitions
- Opera houses
- Petting zoos
- Theaters
- Toddler groups
- Trade shows
- Zoological and botanical gardens

**Open:**
- Hiking and walking
- Outdoor playgrounds

**Sport / exercise**

Sport is permitted either **alone, in pairs or with members of your own household** in public spaces as well as at public or private extensive sports facilities or venues outdoors. Children up to and including the age of 14 are not counted.

All other public and private sports facilities are **closed** to the public:
- Club sport facilities
- Competitive, team and contact sports facilities
- Dance and ballet schools
- Gyms of all kinds
- Swimming pools
- Thermal baths and saunas
- Yoga studios

Extensive outdoor facilities open:
- Dog racing grounds
- Equestrian facilities
- Golf courses
- Tennis courts

The use of changing rooms or common rooms is not permitted.

Training and events of **top or professional sportsmen** without spectators is allowed.

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**AHA rules:**

- Keep your distance
- Practise hygiene
- Wear the everyday mask
- Use the Corona App
- Air regularly